



Miles Description of Trail from West to East

- 0.0 Access 1 FLT/NCT crosses seasonal road Maple Lane (1890'), goes through DEC parking lot, enters red pines, and then descends a bit.
- 0.4 Cross old road and blue-blazed trail going right downhill to Parks Hollow Lean-tos 0.25 mi. away (1630', no outhouse). FLT/NCT follows contour around hill, then turns northeast.
- 1.7 FLT descends right, and crosses small creek in 50 yards.
- 1.9 Cross Mohawk Trail (horse/snowmobile). Access Sugar Hill Fire Tower 0.4 mi. north (2080' with parking and camping – open Memorial Day weekend to Columbus Day weekend (sometimes longer) by turning left onto Mohawk Trail, then quickly left again onto Seneca Trail – follow signage and some blazes. Note: Potable water and restrooms with flush toilets are now available at campground, but no showers.
- 2.0 Access two new lean-tos with fire rings, picnic tables, and outhouse 0.1 mi. away by turning left (north) on blue blazed trail. A small pond is on right – treat water, or get water from spigots in Fire Tower camping area (see Note: above).
- 2.9 Access 2 is on CR 21 (1720'), 1.9 mi. south of CR 23. Seasonal parking, east side. Note: Ahead (just before Access 3) is a creek crossing that could be dangerous during high water; either check the water level just north of Templar Rd. or if you suspect high water, use the unblazed bypass (CR 21 south and Templar Rd. 1.75 mi. east to trail crossing). Trail ahead passes through hardwoods and red pine plantation; passes a very large pile of fieldstones (on left) and descends through young tree growth to level; trail turns sharply left.
- 4.4 Pass old foundation and quickly cross abandoned portion of Locust Lane.
- 4.8 Pass two glacial erratics on right.
- 5.0 Nice views of Glen Creek to the left.
- 5.3 A solid rock foundation next to Glen Creek; historians do not know what this was for, but perhaps it was for a bridge across the creek as the trail soon follows a pre-1850s road.
- 5.4 Buck Settlement Lean-to, outhouse, and picnic table built in August 2006 by an FLTC Alley Cat Trail Crew. Trail leaves creek, and ascends along pre-1850s road.
- 5.8 Left on old road after crossing little stream.
- 6.0 Pass Buck Settlement Cemetery (50 yards on left), re-enter state land, and ford creek at "Ebenezer's Crossing" just before Templar Rd.
- 6.1 Access 3 is located on Templar Rd. (1270'), 1.3 mi. east of Schuyler CR 21. Trail continues straight across Templar Rd. and climbs short hill into state land. Turn east through pines.
- 6.5 Cross Van Zandt Hollow Rd. Turn right along top of Glen Creek ravine then emerge back on Van Zandt Hollow Rd.
- 6.6 Left off road. Note: Trail is closed during hunting seasons Oct. 1 - Jan. 1, from just east of Van Zandt Hollow Rd. east to the western boundary of Watkins Glen State Park; use blue blazed bypass on Van Zandt Hollow Rd., Townsend Rd., and a park service road. Note: During high water also use the blue blazed bypass to avoid crossing Townsend Creek.
- 7.3 Cross Watkins Glen State Park boundary.
- 7.8 Cross Townsend Creek ("Julie's Crossing", 1090'). This area is often washed out; trail continues slightly downstream.
- 8.4 Cross access road to Hidden Valley Camp. Blue high water/hunting bypass trail comes in from right.
- 8.7 Trail passes a lake and the Hidden Valley 4-H Camp on Glen Creek. A lean-to is located just off the trail – Note: Camping is not permitted at the lean-to or elsewhere along the trail in the park.
- 9.2 Access 4 is located on Whites Hollow Rd. (1030') 0.2 mi. west of NY Route 329.
- 9.3 FLT turns left on an old park road.
- 9.6 The trail leaves the road on the north side, and follows the south rim of the gorge.
- 10.0 Pass Punch Bowl Lake, old pavilion, and remote picnic area (lovely spot, but no camping, 960').
- 10.2 Dam for Punch Bowl Lake on the left.
- 10.6 Trail passes under a railroad bridge (Do not go on railroad!)
- 11.0 Pass a shelter (no camping). Many fine views of the Gorge are available in this section of the trail.
- 11.5 A side trail leaves the FLT on the right at the small pond in the South Rim Picnic Area where the park trails are explained. This trail to the right leads to the swimming pool and south park entrance, where park campground information can be obtained. Park campground is open for camping from mid May to mid October. During the winter, the park trails through the gorge are closed due to winter conditions. The FLT continues downhill east.
- 11.8 Left on NY Route 329 (Schuyler CR 17).
- 11.9 Access 5 This map ends at the junction of NY 329 and NY 14/414 (N. Franklin St.) near the main entrance to Watkins Glen State Park. There is parking and you can explore the Watkins Glen Gorge Trails from here (billed as the 8-th wonder of the world). Nearby there are many facilities such as restaurants and motels.

For more information, including reroutes and latest trail conditions go to: [fingerlakestrail.org](http://fingerlakestrail.org). E-mail corrections/comments to [trailreport@fingerlakestrail.org](mailto:trailreport@fingerlakestrail.org) (if no e-mail call the FLTC Service Center at 585-658-9320 Mon. or Thur.).

When map and marked route differ: follow signs, blazes, or even temporary flagging tape.

This section of trail is also described in the Guide to Hiking Trails of the Finger Lakes Region (2011) published by the Cayuga Trails Club and sold by the Finger Lakes Trail Conference; [www.fingerlakestrail.org](http://www.fingerlakestrail.org). Unlike maps, guidebooks are updated less frequently; if guidebook and map disagree, use the map.

Nearly all of the FLT on this map is certified as official North Country National Scenic Trail (NCT). It is part of the 4600-mile NCT from New York to North Dakota. The trail on this map is known as the Art Kopp Trail; approx. 25% has been rerouted (to move it off horse trails) since the trail was built in the early 1970's.

The following individuals maintain this trail:

Access 1 - Mohawk Trail near Sugar Hill Rec. Area Campsite, Bill Meehan, Dundee

Mohawk Trail near Sugar Hill Rec. Area Campsite – Access 5, Robin & Phillip Hubbard, Horseheads

REGULATIONS:

- Do not stray from the trail.
- Fires and camping only at designated areas.
- Road Hiking: Stay on shoulder off vehicle surface, travel single file, facing oncoming vehicle traffic.
- Private land: No bicycles, horses, motor-powered vehicles or snowmobiles unless landowner has given operator written permission for such use. State land: No horses, motor-powered vehicles or snowmobiles unless trail is marked to allow their use. Bicycle use is not authorized by FLTC, unless explicitly approved by state managing agency. No camping within 150' of water sources, roads, or the trail unless designated as such by the state agency.
- Because the FLT crosses varied terrain, steep slopes, rough footing, and watercourses, hikers must realize that they are responsible for their own safety and judgment in selecting hikes that are within their capabilities.
- Dogs should be leashed when on the trail on private properties and most state park lands. The dog policy is available on the FLT website.
- Take your litter back home.
- Purify all water used along trail.